

## FRIDAY 10<sup>th</sup> DECEMBER, 2021

### Pre-Conference Workshop – Promoting Positive Parenting

#### Venue: Sheesh Mahal Hall, Serena Hotel

09:00am-09:30am	<b>Registration of participants and to be seated</b>
09:30am-09:35am	Recitation and Translation from the Holy Quran by <b>Ms. Qudsia Mehmood</b>
09:35am-09:45am	Welcome Remarks by <b>Dr. Tufail Muhammad Khan Chairman Child Rights Group Pakistan Pediatric Association (CRG-PPA)</b>
09:45am-09:55am	Objectives & Background of the Workshop by <b>Khadija Khan, Chief Executive Officer Pakistan Alliance for Early Childhood</b>
09:55am-10:15am	Keynote Speech by <b>Prof. Dr Mowadat Rana, Psychiatrist Rawalpindi</b> <b>Topic:</b> Understanding the Importance of Positive Parenting for a Nation
10:15am-10:35am	Keynote Speech by <b>Dr. Naeem Zafar, President Protection and Help of Children Against Abuse and Neglect (PAHCHAN)</b> <b>Topic:</b> Adverse Childhood Experiences (ACEs) and their long term Mental and Physical Impact on Children and Adults
10:35am-11:00am	<b>Tea break</b>
11:00am-11:05am	<b>Panel Discussion</b> <b>Presenter 1:</b> Dr Muhammad Moaz, Child Specialist, Child Specialist, Convener Pakistan Pediatric Association Lahore Chapter <b>Topic:</b> Age-appropriate Developmental Requirements of Children, Importance of 1 <sup>st</sup> 1000 days, Child-growth Monitoring, Responsive Caregiving, Recognizing Danger Signs and Taking Timely Action
11:05am-11:10am	<b>Presenter 2: Dr Shelina Bhemani, Asst Professor, Research &amp; Lead ECD Parenting Programme Aga Khan University</b> <b>Topic:</b> Recipe for Playful Parenting - Its Impact on Psychosocial & Emotional Development of Children
11:10am-11:15am	<b>Presenter 3: Mr. Muhammad Rafique Tahir, Former Joint Educational Advisor, Ministry of Federal Education &amp; Professional Training</b>

	<b>Topic:</b> Reading to Children, Creating Book Bonding, School Readiness
11:15am-11:20am	<b>Presenter 4: Prof Dr Aisha Mehnaz, Chairperson Konpal Child Protection Society</b> <b>Topic:</b> Digital Influences, Impact of Screen time on Child Development
11:20am-11:25am	<b>Presenter 5: Ms Zahida Manzoor, Child Protection Officer UNICEF Lahore</b> <b>Topic:</b> Online Dangers and Parental Controls
11:25am-11:30am	<b>Presenter 6: Ms. Afshan Tehseen Bajwa, Chairperson, National Commission on the Rights of the Child</b> <b>Topic:</b> Parental Responsibility in Child Protection & Safeguarding
11:30am-12:00pm	<b>Question &amp; Answer Session</b>
12:00pm-12:10pm	<b>Conclusion &amp; Recommendations by Dr Naeem Zafar</b>
12:10pm-12:25pm	<b>Remarks by the Chief Guest</b>
12:25pm-12:30pm	<b>Vote of Thanks by Khadija Khan</b>