

Parenting to Reduce Violence

KNOWLEDGE, ATTITUDE, PRACTICES

- Most adults do not consider physical punishment to be a form of violence
 - Most adults said that violent discipline could have negative effects on children. And agreed that physical punishment is not the most effective method, most adults did not consider physical punishments like hitting, spanking or beating a child to constitute violence
- Parents and caregivers commonly use violent discipline as a child behaviour management tool, AND lack awareness towards non-violent forms of discipline
- Most adults do not think that violent discipline should be reported because it is a family's internal matter



KEY CONSIDERATIONS FOR EFFECTIVE PARENTING INTERVENTIONS

- 1. Strengths-based rather than "deficit-focused" approaches
- 2. Employ a life course lens
- 3. Explicit articulation of gender-responsive and disability-inclusive approaches
- 4. Participatory
- 5. Inclusive
- 6. Evidence-based





