

Parenting During Early Childhood-Physical Health, Growth And Development

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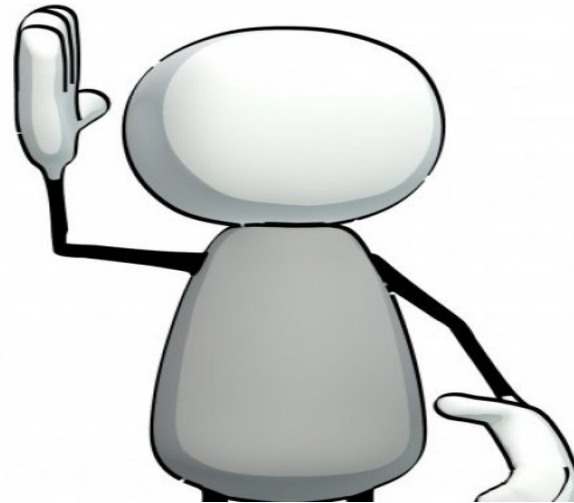
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Child's Health



What do you want your child to be?



Stages

- ❖ Infant
- ❖ Pre School
- ❖ School children
- ❖ Teens

1



Foundations of the child (1000 days)

1. Pregnancy



1st Year



2nd Year



Child 's Growth and Development

Neurodevelopment

Physical Development



Growth and Development



Neurodevelopment
(Brain development)

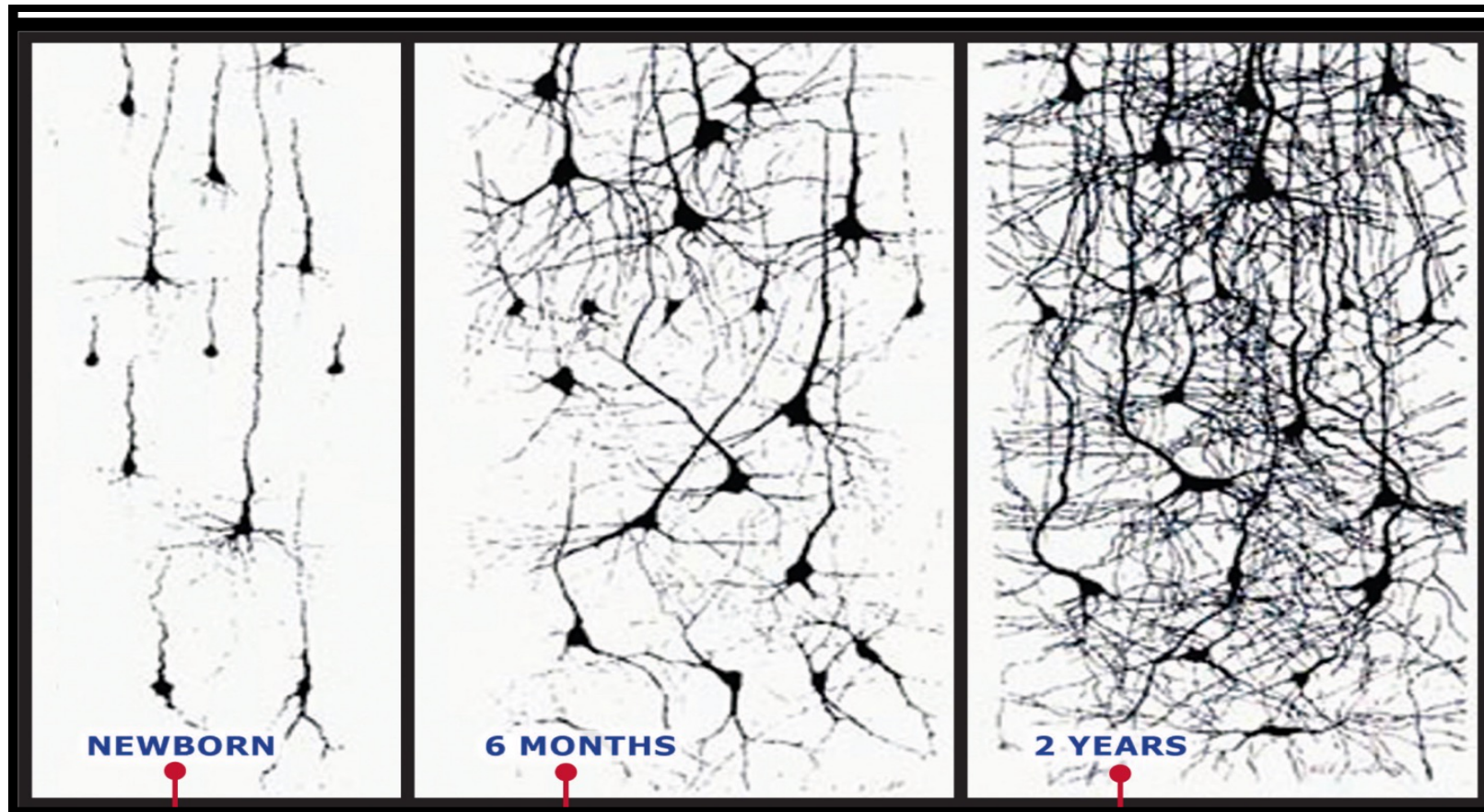
Motor Development

Sensory Development

Cognitive Development

Socioemotional
Development

+1,000,000 More than 1 Million New Neuronal Connections Per Second



Growth & Development

Physical Development



Weight

Height

Head size

Milestones

Gene + Environment =

Nutrition

Breast feeding, weaning, good eating habits



Prevention

Vaccination, Good Health Habits, Hygiene



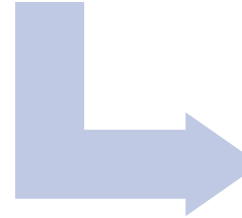
Treatment

Early disease detection, minimum usage of medicine, rehabilitation

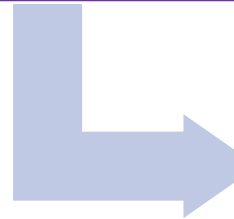
Triple “A” Assessment for parents



Appetite



Appearance



Activity



Principles of Success

Faith	یقین
Act	عمل
Advice	نصیحت
Patience	صبر

