



role of positive parenting skills

distortions in society

bad attitudes, negative behaviours,
intolerance, violence, cheating,
injustice, discriminations

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Stages of child DEVELOPMENT

- Early Childhood (Birth-08Yrs)
- Middle Childhood (8-12 Yrs)
- Adolescence (12-18Yrs)



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negative effects on CHILDREN

- Poor Relationships
- Issues in social integration
- Psychological disorders
- Depression
- Low self Esteem
- Withdrawn
- Aggression/Negative/Criminal Behaviors
- Poor performance
- Poor mental and physical development
- Mental and physical Health Issues
- Eating disorder
- Speech disorder and any more



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parenting

The process of promoting and supporting the physical, emotional, social and intellectual development of a child from infancy to adulthood.

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parenting styles

It means a psychological construct representing standard strategies that parents use in their child rearing.

parenting styles

authoritarian

1

authoritative

2

permissive/
indulgent

3

detached

4

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authoritarian



1

The parent is demanding but not responsive. Authoritarian parents are rigid in their rules. They expect absolute obedience from the child without any questioning. Authoritarian parents are strict disciplinarians.

authoritative



2

Authoritative parents show respect for the opinions of their children. Authoritative parents are both responsive and demanding; they are firm, but they discipline with love and affection, rather than power.

permissive/indulgent



3

Permissive parents have little or no more control over the behavior of their children. Indulgent parents are responsive but not especially demanding. They have a few expectations of their children and impose little or inconsistent discipline. There are empty threats of punishment without setting limits. Role reversal occurs

detached



4

Detached parents are neither responsive nor demanding. They may be careless or unaware of their child needs for affection and discipline.

Characteristics of a healthy parent-child relationship

- Flexible/adaptable
- Connected
- Appropriate boundaries
- Open communication
- discipline



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Flexible/adaptable

Good parents must be flexible and adaptable. They have ability to recognize and accommodate the child's needs. Help the child by giving clear directions, offering opportunities to choose and negotiate.



Connected

The parents should have the ability to differentiate the child's worth from his or her behavior and create a reward oriented environment in which consequences are positive outcome. Respond to a child's problem and/or feelings.



Appropriate boundaries

The parent-child relationship includes various boundaries. Healthy boundaries consider that what parent and child want in positive way to find a mutually agreeable solution or limit.



Open communication

The way the parent and child communicate sets the tone for the relationship. The healthy parent-child relationships use positive communication that separates a child's worth from behavior.



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Discipline

For a healthy parent/child relationship discipline is also very important aspect. Finding the solution of conflicts and behavioral problems help to encourage the strong relationship rather than punishing the child in attempt to teach.



Factors influencing parent/child relationship

- Family structure
- Social and community support
- Relationship history
- Emotional system
- Temperament
- Parenting experiences
- Education
- Cultural context and experience



Methods to improve child-parent relationships

- Maintain close relationship
- Stay connected
- Listen to them
- Tell them you love them
- Play with them
- Create a special name or code for them
- Maintain bed time rituals
- Eat meals as a family
- Respect their choices
- Have a dialogue or conversation instead of dictation
- Engage them in healthy routine conversations and household chores as well as decision
- Rewarding
- Make them a priority in your life



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Your Child Is A Living Copying Machine - What You Give Is What You Get!

Many parents go through life unaware of how much their unconscious actions and choices affect their kids.

One of the very first steps to conscious parenting and children



Yes, an absurd picture, I know, but your child is very much like a copying machine: Whatever you put in (your attitude, your awareness, your coping strategies etc.), you child will copy them and give them right back to you!



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**Be the
Person
you Want
your Child
to be!**

Speak to your children
as if they are the
wisest, kindest, most beautiful
and magical humans on
the Earth, for what they believe
is what they will
Become!

Brooke
Hampton



conclusion

Prepare them for life with positive social, mental and physical health instead of preparing them for grades!

Thank you