



# RESPONSIVE PARENTING PROGRAMME

“HOME IS THE FIRST SCHOOL AND PARENTS ARE THE FIRST TEACHERS”

Pakistan Alliance for Early Childhood is launching its first ever parenting programme called “Responsive Parenting”, underpinned by latest research in Early Childhood Development (ECD). ECD covers 0 to 8 years of age, roughly the period from conception to 3 years. This period is critically important for the growth and functioning of the brain. The Programme provides opportunities for parents of this age group to come to a common platform to access research-based knowledge for the holistic development of their children, and learn about development domains, milestones, developmental delays and the signs that parents must recognise at every developmental stage of their child to monitor his/her growth, so that they can provide the required care and stimulation in a timely manner to ensure smooth and optimum development. It will offer weekly interactive sessions for one and half hours, engaging ECD experts, nutritionists and medical professionals on various aspects of holistic development, and more.

## OBJECTIVES

- ❖ Give awareness to parents about the importance of ECD, brain development, particularly in the first 1,000 days
- ❖ Help them understand their role in the development of their children and how can they can play a responsive role right from the conception of a child
- ❖ Show them research-based nurturing and care in the development of children
- ❖ Accessing scientific knowledge on ECD and sharing their own experiences
- ❖ Monitoring developmental milestones, based on research and globally accepted parameters
- ❖ Act as a community of interests, and collectively push for policy reforms
- ❖ Propose ideas and projects for scaling up responsive parenting in different cultural contexts and socioeconomic groups in Pakistan

1<sup>st</sup> Session: 4<sup>th</sup> January, 2019

Venue: Academic Complex, Allama Iqbal Open University, H-8, Islamabad.

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